

Age Magnificently

WEEKLY CALENDARS

SIGN UP!

If you are interested in receiving a weekly calendar, please

See Paige in the Wellness Center.



Reminder: Your Weekly Calendar is your most up to date information!



Our Community Newsletter

Discover what's going on in our community.



YOU'RE INVITED! 

 **LUNCHEON WITH NAOMI** 

 Come Join Us for a Special Visit and Time to Reconnect! 

Many of you remember **Naomi**, our wonderful former **Community Life Assistant**.
She is coming back to visit, share smiles, and enjoy

 **DATE:** January 10th

 **TIME:** 12:00 PM – 1:00 PM

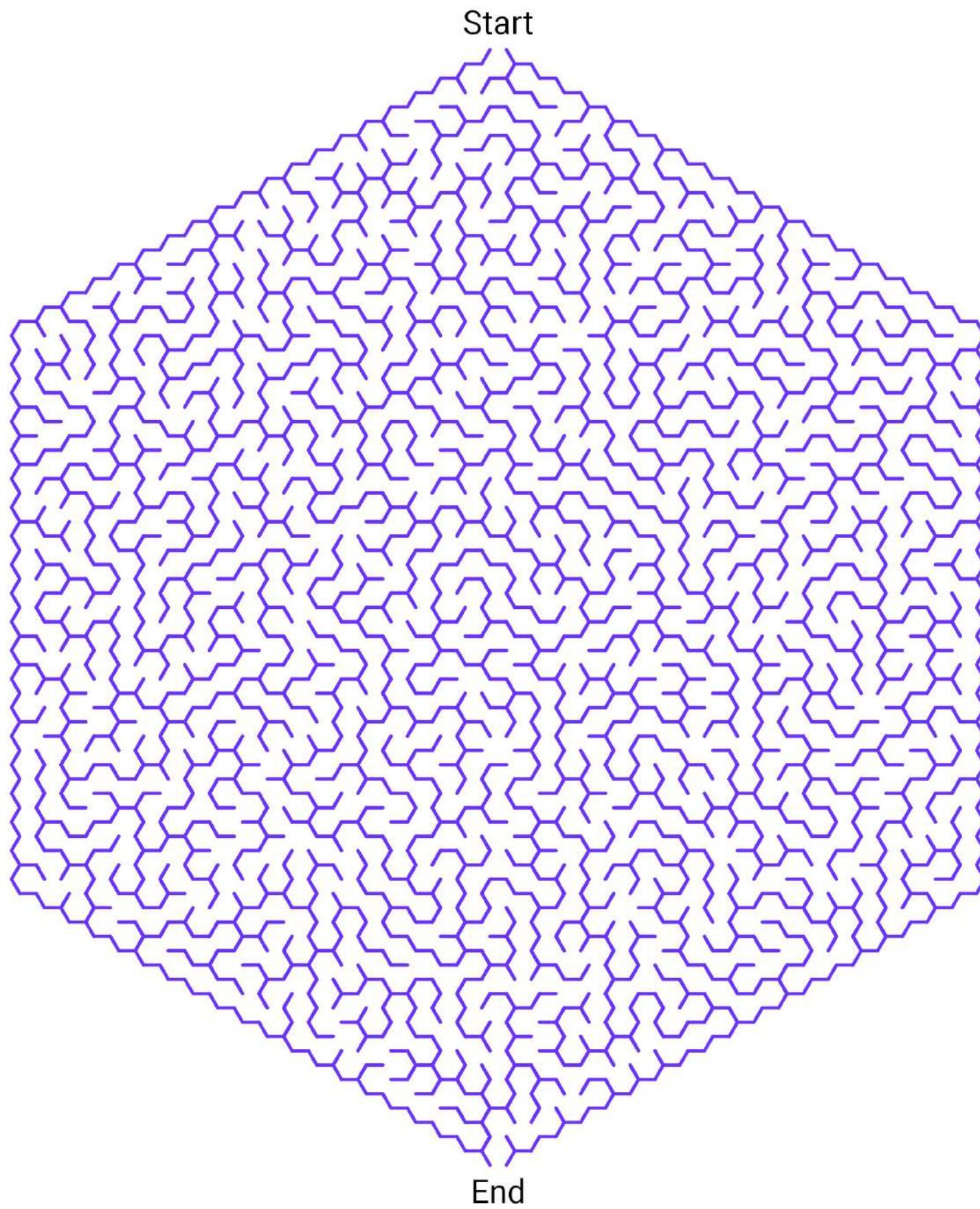
LOCATION: Crosstown Dining

We Hope to See You There!

SPOTS ARE LIMITED — PLEASE SEE PAIGE TO SIGN UP

Enjoy lunch, conversation, and a wonderful chance to reconnect with Naomi!





Soup Tasting Party!

Warm Up With Delicious Homemade Soups!

January 18th

6:00 PM – 7:00 PM

Come taste a variety of delicious soups made with love by:

Paige – Your Activities Director!

Enjoy warm bowls, friendly company, and cozy winter fun!

All residents are invited – come hungry and ready to taste!

■ Chicken Soup

■ Tomato Basil

■ Cheesy Potato

■ Surprise Soup!

Fire Safety Reminders:**NO ITEMS ON STOVE TOPS**

This is the number one cause of fires in our community. Fire regulations require stove tops to be free of flammable items. It is easy to bump a knob and accidentally turn the stove on or for the stove top to still be warm after use. This can easily start a fire and risk your safety as well as your neighbors.

Ovens and microwaves are not storage! Please make sure these areas are kept clear of items unless they are in use.

During a fire alarm, **do not leave your apartment**. Shelter where you are. Our team or the fire department will evacuate you if necessary. If we do not evacuate you, then you are in a safe area. Do not leave your safe area. If you choose to leave your safe area, you risk walking closer toward an unsafe area! So again, please stay where you are and keep the door shut!

If the alarm turns off, the emergency is all clear and you are safe to go about your business. Our priority will be to communicate and care for those directly impacted by the incident.

HIPPA applies to all residents in all situations. During and after emergencies, we can share what is necessary, but we will still honor privacy.

Ami Fuller, Executive Director

January Outings

- 1/7: [Chanhassen Dinner Theatre](#) @10:30am (Meet In Lobby @10:15am)
- 1/13: [Dollar store & Cub Foods](#) @10:30am (Meet In Lobby @10:15am)
- 1/20: [Golden Dragon](#) @11am (Meet In Lobby @10:45am)
- 1/27: [Walmart](#) @10:30am (Meet In Lobby @10:15am)

***Kindly be advised that the following procedures apply to cancellations of outings:**

- (1) All outings must be cancelled before 9:00 AM on the day **before** the event.
- (2) Cancellation of two or more outings means that the participant is on probation for two months.
- (3) During probation, the participant will not be allowed to participate on any future outings.

Thank you for your cooperation.*

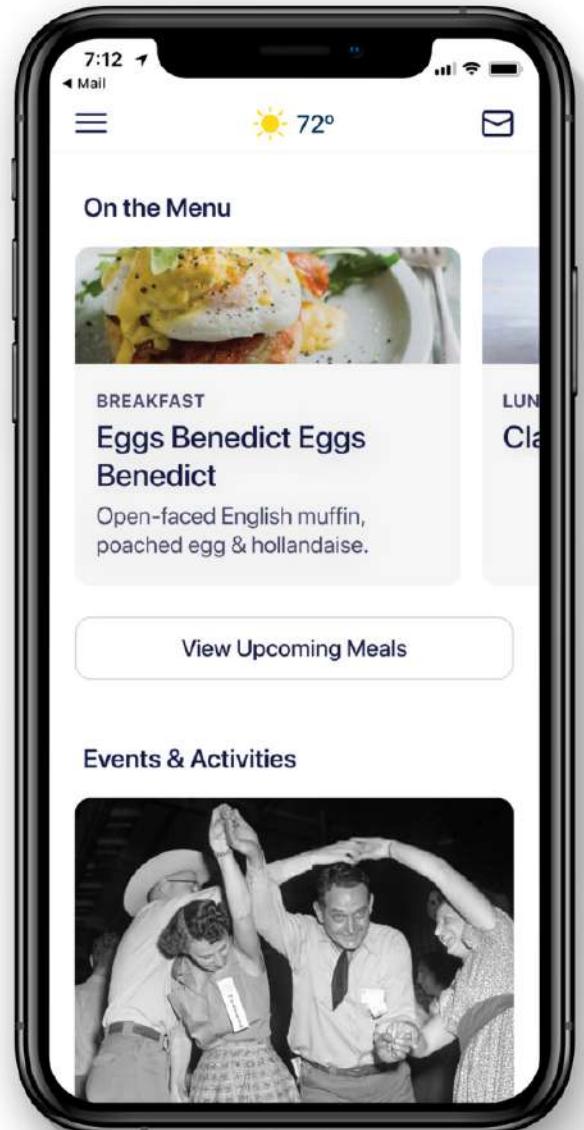
JANUARY MOVIES:

• Sat. Jan.3	2000	Traffic	R	2hr. 27mins	7.5/10
• Wed. Jan. 7	2023	Oppenheimer	R	3 hr.	8.3/10
• Sat. Jan. 10	2023	Poor Things	R	2 hr. 21 min	7.8/10
• Wed. Jan. 14	2023	Anatomy of a Fall	R	2 hr. 30 min.	7.6/10
• Sat. Jan.17	2015	Cinderella	PG	1 hr. 45 min.	6.9/10
• Wed. Jan. 21	2018	I Can Only Imagine	PG	1 hr. 50 min	7.3/10
• Sat. Jan. 24	1969	They Shoot Horses Don't They?	PG-13	2 hr.	7.8/10
• Wed. Jan. 28	2023	Killers of The Flower Moon	R	3 hr. 26 min.	7.5/10
• Sat. Jan. 31	1985	Saint Elmo's Fire	R	1 hr. 50 min.	6.4/10

■ RESIDENT TALENT SHOWCASE ■

Download the new mobile app for Chaska Heights

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in Chaska, MN



You're invited to share your amazing talents!

■ **January 9th**

■ **1:00 PM – 2:00 PM**

■ All talents are welcome! ■ ■ ■

Singing • Dancing • Poetry • Comedy • Art • Instruments • And More!

If you would like to participate, please see **Paige** in the **Wellness Center** or let **Bev** at the **Front Desk** know.

Access Quillt for iOS, Android, and desktop

<https://get.quillt.com/org/KCMBT>

Enter code KCMBT after opening the Quillt app for the first time.



Let's have fun, share smiles, and celebrate our wonderful residents! ■

Sharing Table

Bring gently used items you no longer need and browse the table for treasures left by other residents. Items can be dropped off and picked up anytime between 9 AM and 4 PM. Please note: no large furniture, walkers, wheelchairs, or hazardous materials. Let's share, reuse, and help each other declutter! Leftover items will be donated to Goodwill at the end of the day.

January 31st

**Beginning at 9am &
Ending at 4pm**

Crosstown Dining Room

Miski's Tech Support Corner

**Has Changed to Every other Saturday Starting 1/3/26
from 12-1 PM in WELLNESS CENTER**



Spiritual Life Offerings:

A new year can be a time of joy and celebration, as we look back on all that has been and look forward to what lies ahead. At the same time, we may find ourselves carrying heaviness as we reflect on feelings of loss, loneliness, or worry about the future. This is part of being human – experiencing complicated and sometimes contradictory feelings. A wise person somewhere once said that when we share our joys we multiply them, and when we share our sorrows, we divide them. Living in community together affords us many opportunities to share our stories and memories, as well as to make new memories and build new stories together. In this new year, whatever has been and whatever will be, may you find companions among you who will receive your story. May you also be blessed as you receive the stories of others. May we find acceptance, affirmation, and belonging in community.

Events:

*1/5 Grief Connection W/Chaplain Carol @2PM

*1/7 Rosary & Communion W/Deacon John @11AM

*1/7 Bible Study W/Chaplain Carol @3PM

*1/12 Show & Share W/Chaplain Carol @2PM

*1/14 Rosary & Communion W/ Deacon Bill & Mona @11AM

*1/14 Bible Study W/Chaplain Carol @3PM

*1/19 Communion Worship service @11AM

*1/21 Rosary & Communion W/ Father Tony @11AM

*1/21 Bible Study W/Chaplain Carol @3PM

*1/26 Conversations W/Chaplain Carol @2PM

*1/28 Rosary & Communion W/ Deacon Bill & Mona @11AM

*1/28 Bible Study W/Chaplain Carol @3PM

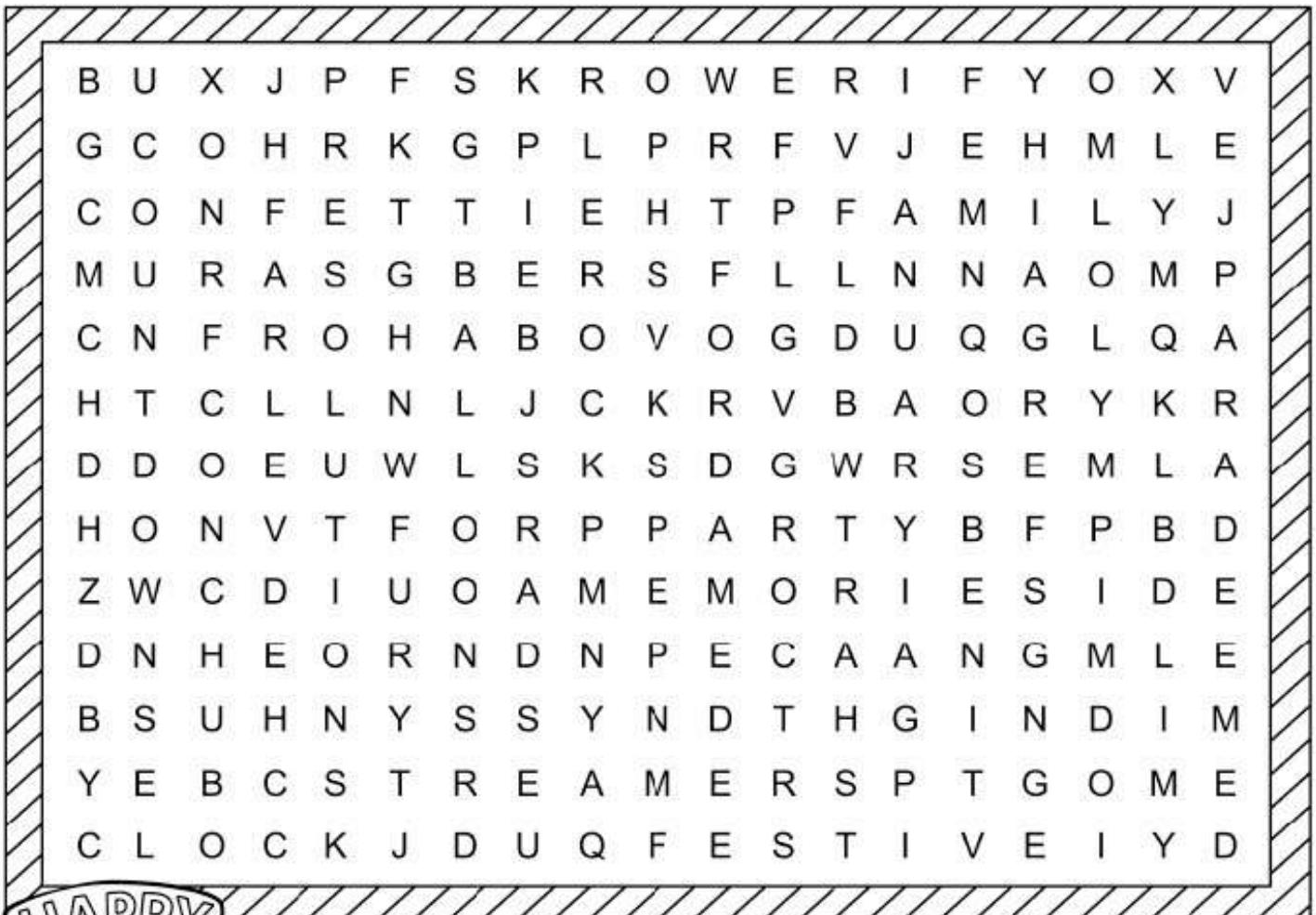
- **1/3 Art Club** @10:30am Community Room
- **1/5 Coffee W/ The Chef** @1pm Crosstown Dining Room
- **1/8 Artful Appetites** @2pm 212 Pub
- **1/9 Resident Talent Show** @1pm Community Room (Note: **This event will only take place if people sign up**)
- **1/10 Luncheon W/ Naomi** @1pm Crosstown Dining Room (**Note: Spots are limited**)
- **1/12 Gratitude Time** @1pm Community Room
- **1/12 CH Writer's Club** @1pm Jonathan Room
- **1/14 Aromatherapy 101 W/Avery** @2pm Community Room
- **1/15 Afternoon Tea** @2pm Community Room
- **1/18 Soup Tasting Party** @6pm Crosstown Dining Room
- **1/19 Resident Council** @1pm Community Room
- **1/22 Coffee W/Officer Martin** @10:30am Crosstown Dining Room
- **1/25 Hot Cocoa & Cookies** @3pm Crosstown Dining Room
- **1/26 CH Writer's Club** @1pm Jonathan Room
- **1/29 Entertainment~Bill Mann** @3pm Community Room

Name: _____

HAPPY New Year!



Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.



January
clock
family
balloons
festive

countdown
party
confetti
resolutions

parade
memories
fireworks
midnight
streamers

© Cheerful Teaching

Resident Updates



Teresa Owens
John Holmquist
Richard Carlson
Arlys Evans



TRYathlon

- 1/12 Coaches and Captains meeting
- 1/13 Scrimmage Week (Whizzer Day)
- 1/15 Scrimmage Week (Crank Day)
- 1/16 RBS
- 1/20 (Whizzer Day)
- 1/22 (Crank Day)
- 1/23 RBS
- 1/27 (Whizzer Day)
- 1/29 (Crank Day)
- 1/30 RBS

**All Spark Performance League Begin
at 1:00 PM**

RBS = Really Big Show

HAPPY BIRTHDAY

- 1/3 Shirley Daughtry
- 1/3 Mary Jane Higgins
- 1/3 Sharon Kohnen
- 1/4 Lois Lindberg
- 1/8 Bent Lyder
- 1/11 Kay Tyree
- 1/15 Marilyn Habinger
- 1/18 Lana Chapman
- 1/19 Judith Heminger
- 1/21 Mary Ann Murray
- 1/24 Donna Mitchell
- 1/29 Barbara King
- 1/29 Robin Fancher
- 1/31 Gerald Haider



January Specialty
Mocktail:

SHIRLEY TEMPLE



**Delicious combination of Sprite,
Grenadine, Topped W/Cherry**

Cheers!

JANUARY BIRTHDAY CELEBRATION

**FRIDAY JANUARY
2ND 2026**

**Cake @2:30pm Crosstown
Dining room**

**Entertainment @ 3pm
Community Room (Bobby &
Christine will be performing)**



January 2026 - AL / IL Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day	1 9:00 Manicures & Hand Massag... 12:00 Veterans Luncheon [CDR] 1:00 Jeopardy~New Years [COM] 2:00 Lifelong Learning~ 2:30 Birthday Bash/ Entertainme... 5:30 Prize Bingo [CDR]	2 10:00 Daily Wellness [COM] 10:30 Art Club [JR] 11:00 Wii Connect W/Miski [WC] 12:00 Miski's Tech Support Corne... 1:00 Cribbage [STO] 2:00 Matinee Movie~ Traffic [CR...]
1:00 Left, Right, Center Gam... 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD...]	4 10:00 Daily Wellness Class [C... 1:00 Coffee W/ The Chef [CDR... 2:00 Grief Connections W/ Chapl... 6:00 Chicken Foot Dominoes [CDR...]	5 10:00 Daily Wellness Class [C... 2:00 Dominoes Mexican Train ... 6:00 Prize Bingo W/ Dave [CDR]	6 10:00 Daily Wellness Class [C... 10:30 Outing~ White Christmas 11:00 Rosary & Communion W/Deaco... 1:00 Game 500 3:00 Bible Study W/ Chaplain Ca... 5:30 Evening Movie~ Oppenheimer...	7 10:00 Daily Wellness Class [C... 11:00 Book Club [COM] 1:00 Stitch & Chat W Diane 2:00 Artful Appetites W/ Avery 6:00 Quarter Bingo [CR]	8 10:00 Daily Wellness Class [C... 1:00 Resident Talent show [... 3:00 Happy Hour [CDR] 5:30 Prize Bingo [CDR]	9 12:00 Luncheon W/Naomi [CRO] 1:00 Cribbage [STO] 2:00 Matinee Movie~ Poor Things...
1:00 Left, Right, Center Gam... 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD...]	11 10:00 Daily Wellness Class [C... 1:00 CH Writers Club [JR] 1:00 Gratitude Time [CDR] 1:00 TRYathlon Coaches & Captai... 2:00 Show & Share W/ Chaplain C... 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR...]	12 10:00 Daily Wellness Class [C... 10:30 Shopping Outing ~Dollar... 1:00 TRYathlon [CR] 2:00 Dominoes Mexican Train [CD... 6:00 Prize Bingo W/ Dave [CDR]	13 10:00 Daily Wellness Class [C... 11:00 Rosary & Communion W/De... 1:00 Game 500 2:00 Aromatherapy 101 with Aver... 3:00 Bible Study W/ Chaplain Ca... 5:30 Evening Movie~ Anatomy of ...	14 10:00 Daily Wellness Class [C... 1:00 Stitch & Chat W Diane 1:00 TRYathlon Crank Day [COM] 2:00 Afternoon Tea [CDR] 6:00 Quarter Bingo [CR]	15 9:00 Manicures & Hand Massag... 1:00 Really Big Show [CR] 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	16 10:00 Daily Wellness [COM] 11:00 Wii Connect W/Miski [WC... 12:00 Miski's Tech Support Corne... 1:00 Cribbage [STO] 2:00 Matinee Movie~ Cinderella ...
1:00 Left, Right, Center Gam... 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD... 6:00 Soup Tasting Party [COM]	18 Martin Luther King Jr. Day 10:00 Daily Wellness Class [C... 11:00 Communion Worship Service ... 1:00 Resident Council [CR] 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR...]	19 10:00 Daily Wellness Class [C... 11:00 Lunch Outing~Golden Dra... 1:00 TRYathlon [CR] 2:00 Dominoes Mexican Train [CD... 6:00 Prize Bingo W/ Dave [CDR]	20 10:00 Daily Wellness Class [C... 11:00 Rosary & Communion W/Fa... 1:00 Game 500 3:00 Bible Study W/ Chaplain Ca... 5:30 Evening Movie~ I Can Only ...	21 10:00 Daily Wellness Class [C... 10:30 Coffee W/ Officer Marti... 1:00 Stitch & Chat W Diane 1:00 TRYathlon Crank Day [COM] 6:00 Quarter Bingo [CR]	22 10:00 Daily Wellness Class [C... 1:00 Really Big Show [CR] 3:00 Happy Hour [CDR] 5:30 Prize Bingo [CDR]	23 1:00 Hot Cocoa & Cookie Soci... 1:00 Cribbage [STO] 2:00 Matinee Movie~ They Shoot ...
1:00 Left, Right, Center Gam... 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD... 6:00 Soup Tasting Party [COM]	25 10:00 Daily Wellness Class [C... 1:00 CH Writers Club [JR] 2:00 Coffee & Conversations W/C... 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR...]	26 10:00 Daily Wellness Class [C... 10:30 Shopping Outing~Walmart 1:00 TRYathlon [CR] 2:00 Dominoes Mexican Train [CD... 6:00 Prize Bingo W/ Dave [CDR]	27 10:00 Daily Wellness Class [C... 11:00 Rosary & Communion W/De... 1:00 Game 500 3:00 Bible Study W/ Chaplain Ca... 5:30 Evening Movie~ Killers of ...	28 10:00 Daily Wellness Class [C... 1:00 Stitch & Chat W Diane 1:00 TRYathlon Crank Day [COM] 3:00 Entertainment ~Bill Mann ... 6:00 Quarter Bingo [CR]	29 10:00 Daily Wellness Class [C... 1:00 Really Big Show [CR] 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	30 9:00 Manicure's & Hand Massa... 11:00 Wii Connect W/Miski [WC... 12:00 Miski's Tech Support Corne... 1:00 Cribbage [STO] 2:00 Matinee Movie~ Saint Elmo'...