



Our Community Newsletter

Discover what's going on in our community.



JUST
FOR FUN!!



WHAT IS THE REALLY BIG SHOW?

Join the Fun. Feel the Energy. Be Part of the Challenge!

The **REALLY BIG SHOW** is part of our weekly community competition, held **every Tuesday at 1:00 PM**. Each week, we compete against other Life Spark communities in a series of fun and engaging **physical and mental challenges**, including:

- 🏃♂️ **The Tryathlon**
- 🤲 **Grip Games**
- 🚛 **Forklift Racing**
- 🧠 **The Spark Quiz**

These activities promote teamwork, excitement, movement, and friendly competition.

🎉 FRIDAY RECAP SHOW 🎉

Join us every **Friday** as **Dr. Bill, Commissioner Aden**, and a **special guest** review each community's performance from Competition Day.

They will share: - 🌟 Our weekly highlights - 📊 Current rankings -

💰 How close we are to **winning prize money**

Come Support Your Community!

Stay active, stay engaged, and cheer on your friends and neighbors.

Colorful, fun, and full of energy — the REALLY BIG SHOW brings our community together!



PAPER POINSETTIA WORKSHOP

SATURDAY
DECEMBER 20TH 2025
10:00-12:00

Location : Community Room

WHAT TO EXPECT:

- HOT GLUE USE (TEACHERS CAN HELP IF UNCOMFORTABLE, OR WHITE GLUE IS AVAILABLE)
- 1 POINSETTIA PROJECT KIT
- STEP BY STEP INSTRUCTIONS



HOSTED BY
BLOOMING PAPER CO



ENTRYWAY DECORATING CONTEST

You can decorate your entryway,
walker or wheelchair.

If you would like to participate,
please see Community Life Director Paige

IN THE WELLNESS CENTER



**JUDGING DAY
WILL BE HELD
DECEMBER 20TH**



THE WINNER WILL RECEIVE
\$50 TARGET GIFT CARD



Let's celebrate the season together
and spread some Christmas joy! ❤️

From the Executive Director

Windows- We will be replacing some windows starting December 1st. This includes the windows of the second-floor pub in AL, so this space will not be usable on December 1st.

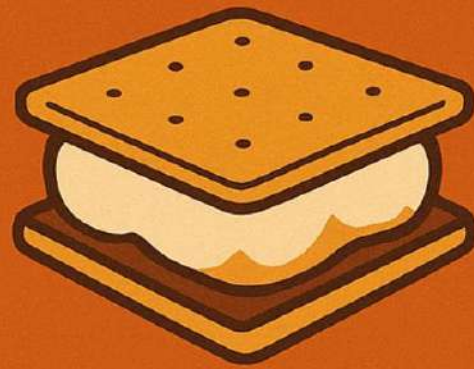
We are happy to welcome **Meghan Backstrom** to our team as our Director of Health Services. Some of you may know her from your interactions with Lifespark home health or from simply seeing her throughout the community. We are excited to welcome her into this role!



It is that time of year that germs slow us down. If you are not feeling well, please avoid community events and notify the nursing team.

Ami Fuller, Executive Director

S'MORES AND BONFIRE NIGHT



**SUNDAY, DECEMBER 7
7PM-8PM**

**MEET IN THE FRONT LOBBY AND WE
WILL HEAD OUTSIDE TOGETHER**

WiiSports



Come and join Miski in this fun and engaging game time! Each week we'll learn, compete, and connect while enjoying a variety of Wii favorites. From Bowling and Boxing to Tennis, Wii Fit, Golf, and Baseball—there's something for everyone. Grab a remote and get ready for some friendly competition and lots of laughs!

**Every Saturday: From 11am-12pm
Location: Wellness Center**

My First Christmas in Heaven

**I see the countless Christmas trees around the world below,
With tiny lights, like heaven's stars, reflecting on the snow.**

**The sight is so spectacular, so please wipe away that tear.
For I am spending my first Christmas with Jesus Christ this year.**

**I hear the many Christmas songs that people hold so dear,
But the sounds of music can't compare with the Christmas Choir up here.**

**I have no words to tell you, the joy their voices bring,
For it is beyond description to hear the angels sing.**

**I know how much you miss me. I see the pain inside your heart,
But I am not so far away. We really aren't apart.**

**So be happy for me dear ones. You know I hold you dear,
And be glad that I'm spending Christmas with Jesus Christ this year.**

**I send you each a special gift from my heavenly home above.
I send you each a memory of my undying love.**

**After all, "love" is a gift, more precious than pure gold.
It was always most important in the stories Jesus told.**

**Please love and keep each other, as my Father said to do,
For I can't count the blessing or love He has for each of you.**

**So have a Merry Christmas and wipe away that tear.
Remember, I'm spending Christmas with Jesus Christ this year.**

-Author unknown-



You're Invited to *White Christmas*

Chanhassen Dinner Theater

**11 AM - 3 PM
January 7th**



**Please sign up outside the Wellness Center
All payments are due no later than Dec 5th
Cost: \$80.84**

**I will accept cash or check (checks need to be
made out Chanhassen Dinner Theater)**

18 Spots Available



Sharing Table

Bring gently used items you no longer need and browse the table for treasures left by other residents. Items can be dropped off and picked up anytime between 9 AM and 4 PM. Please note: no large furniture, walkers, wheelchairs, or hazardous materials. Let's share, reuse, and help each other declutter! Leftover items will be donated to Goodwill at the end of the day.

December 31st

**Beginning at 9am &
Ending at 4pm**

Crosstown Dining Room



Christmas Choir Performance

By the Talented Students of
Chanhassen High School

Come enjoy beautiful **festive Christmas songs** as we celebrate the season together!

Let their voices fill the air with **music, spirit, and holiday joy!**

 Location: Community Room

 Date: December 14th

 Time: 2:00 PM – 3:00 PM

All are welcome!

Let's spread cheer and
enjoy the magic of the
holidays together



December Outings

- **12/2: Eden Prairie Mall** @10:30am (Meet In Lobby @10:15am)
- **12/6: Crooked Pint** @3:30pm (Meet In Lobby @3:15pm)
- **12/15: Sever's Festival** @6:45pm (Meet In Lobby @6:15pm) ***This is a Night Time Event***
- **12/30: Hyvee** @10:30am (Meet In Lobby @10:15am)

***Kindly be advised that the following procedures apply to cancellations of outings:**

(1) All outings must be cancelled before 9:00 AM on the day before the event.

(2) Cancellation of two or more outings means that the participant is on probation for two months.

(3) During probation, the participant will not be allowed to participate on any future outings.

Thank you for your cooperation.*

DECEMBER MOVIES:

• Wed. Dec.3	2006	Casino Royale	PG-13	144 min.	8.4/10
• Sat. Dec. 6	1946	The Best Years of Our Lives	NR	170 min.	8.1/10
• Wed. Dec.10	2004	The Terminal	PG-13	128 min.	7.4/10
• Sat. Dec. 13	1992	Scent of a Woman	R	156 min.	8.0/10
• Wed. Dec. 17	1972	The House Without a Christmas Tree	PG	75 min.	8.0/10
• Sat. Dec. 20	2021	tick....tick....BOOM	PG-13	115 min.	7.5/10
• Wed. Dec. 24		Andre Rieu's Christmas Around the World		136 minutes	
• Sat. Dec. 27	1953	Gentlemen Prefer Brld 136 min.londes	NR	91 min.	7.1/10
• Wed. Dec. 31	1973	The Sting	PG	129 min.	8.3/10

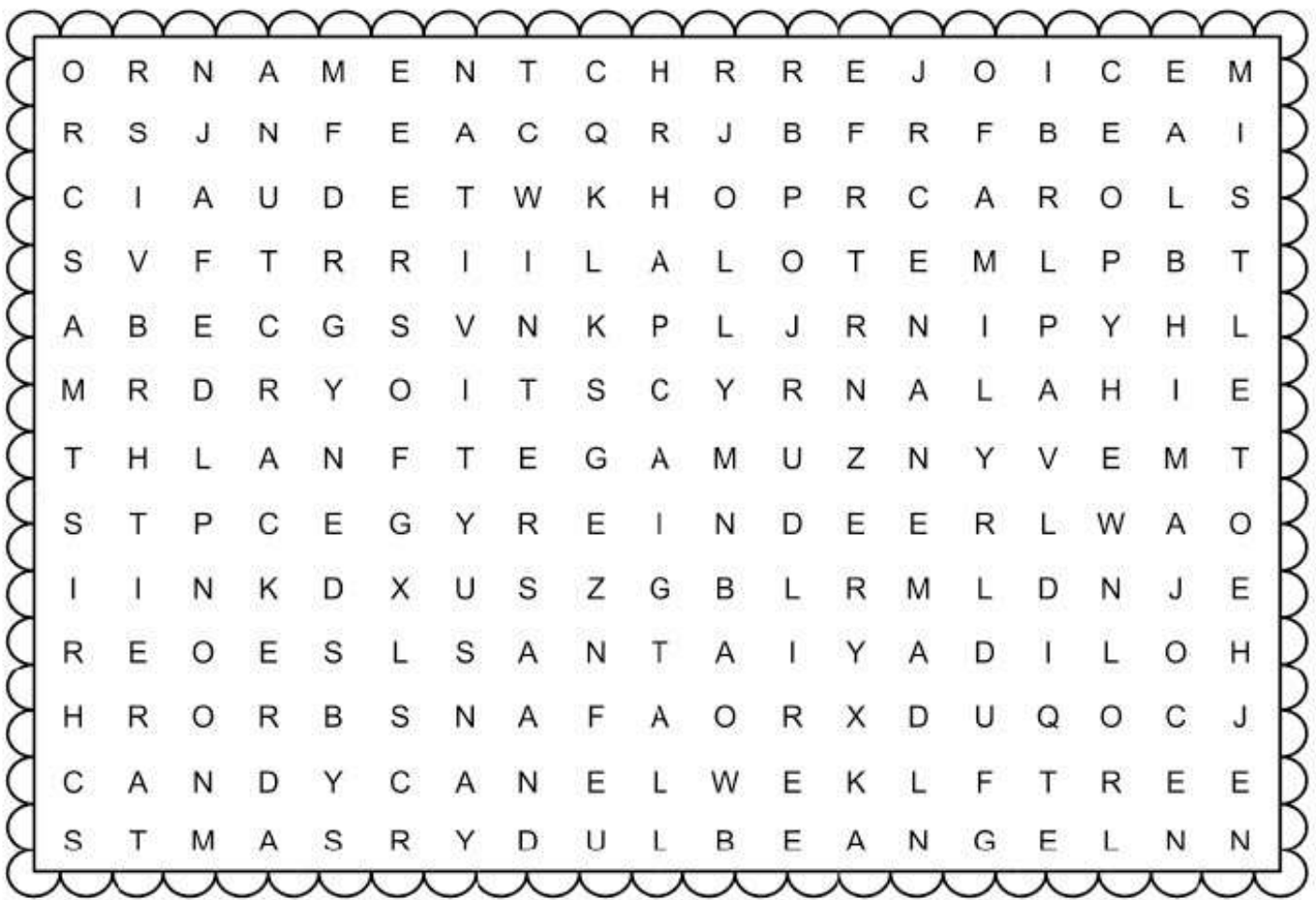
- 12/1 Coffee W/The Chef @1pm Crosstown Dining Room
- 12/3 Game 500 @1pm Crosstown Dining Room
- 12/4 Stitch & Chat W/Diane @1pm Lobby
- 12/4 Birthday Bash/Entertainment @2:30pm Crosstown Dining Room/Community Room
- 12/5 Manicures & Hand Massages @9am Wellness Center
- 12/5 TaylorMade Pop Up Shop @10:30am Crosstown Dining Room
- 12/5 Veterans Group Luncheon @12pm Crosstown Dining Room (Veterans ONLY)
- 12/5 Really Big Show @1pm Community Room
- 12/7 S'mores & Bonfire Night @7pm Front Lobby
- 12/8 CH Writer's Club @1pm Jonathan Room
- 12/8 Show & Share W/Chaplain Carol @2pm Crosstown Dining Room
- 12/9 Jeopardy 3pm Community Room
- 12/11 Book Club 11am library B
- 12/11 Stitch & Chat W/Diane @1pm Front Lobby
- 12/11 Artful Appetites W/ Avery @2pm 212 Pub
- 12/12 Repeat Paella Class @1pm Community Room
- 12/13 Art Club @10:30am Community Room
- 12/14 Christmas Sing-a-long @2pm Community Room
- 12/15 Resident Council @1pm Community Room
- 12/15 Gratitude Time @1:30pm Community Room
- 12/15 Jeopardy @3pm Community Room
- 12/18 Holiday Entertainment @11am Community Room
- 12/18 Book Club @11am Library B
- 12/18 Stitch & Chat W/Diane @1pm Front Lobby
- 12/18 Christmas Dinner @4pm Dining Room
- 12/19 Manicures & Hand Massages @9am Wellness center
- 12/20 Paper Poinsettia Workshop @10am Community Room
- 12/22 CH Writers Club @1pm Jonathan Room
- 12/22 Jeopardy @3pm Community Room
- 12/24 Game 500 @1pm Crosstown Dining Room
- 12/27 Manicures & Hand Massages @9am Wellness Center
- 12/29 Jeopardy @3pm Community Room
- 12/31 New Year's Eve Party @3pm Crosstown Dining Room

Name: _____

MERRY Christmas!



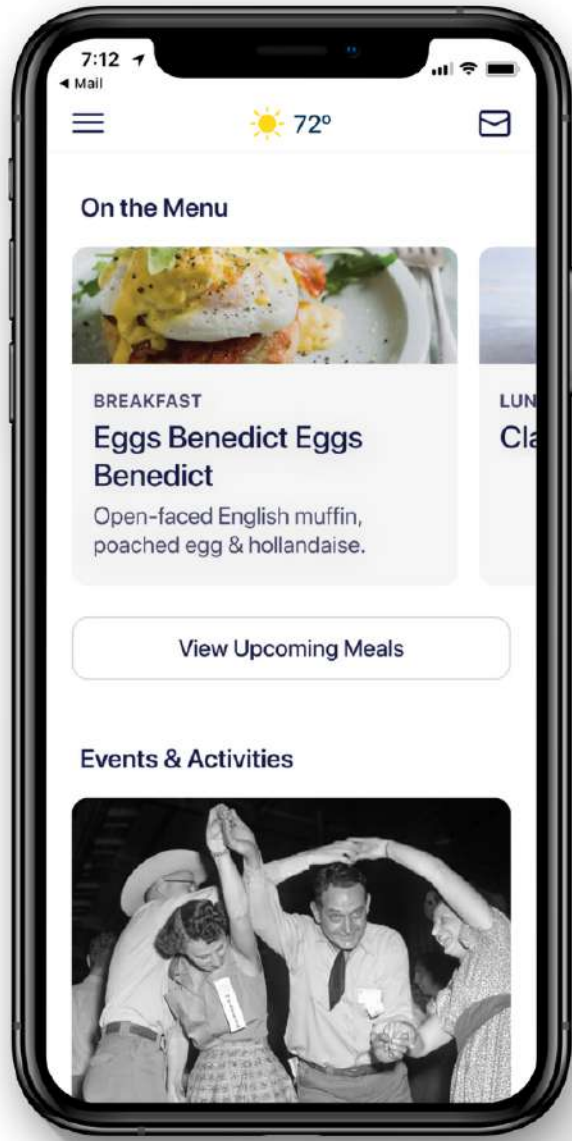
Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.



- | | | |
|------------|-----------|------------|
| tree | reindeer | angel |
| holiday | Christmas | nutcracker |
| ornament | carols | jolly |
| mistletoe | nativity | Santa |
| candy cane | family | rejoice |

Download the new mobile app for Chaska Heights

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in Chaska, MN



Access Quiltt for iOS, Android, and desktop

<https://get.quiltt.com/org/KCMBT>

Enter code KCMBT after opening the Quiltt app for the first time.



Spiritual Life Offerings:

When I was young, I admired clever people. Now that I am old, I admire kind people. -Rabbi Abraham Joshua Heschel

Chances are as you read this newsletter, patience may be running thin. It’s the holiday season, where no matter your faith tradition, there is a holiday – a Holy Day - you are likely preparing for. And perhaps you, or the people you love, are worried about what is not getting done or grieving about what can never be done again like it was in years past.

Whenever patience runs thin, kindness can run even thinner. Especially toward ourselves. Remember this Holy Day season that you are enough. The gifts, the food, the merry festivities - they are fine, but even without any of those, you and your loved ones are enough. Know this: You are so loved just as you are. Go love others just as they are. Shower them with patience and kindness this season. Peace be with you!

Events:

- *12/1 Grief Connection W/Chaplain Carol @2PM
- *12/3 Rosary & Communion W/Deacon John @11AM
- *12/3 Bible Study W/Chaplain Carol @3PM
- *12/8 Service of Remembrance @10AM
- *12/8 Show & Share W/Chaplain Carol @2PM
- *12/10 Rosary & Communion W/ Deacon Bill & Mona @11AM
- *12/10 Bible Study W/Chaplain Carol @3PM
- *12/15 Communion Worship service @11AM
- *12/17 Rosary & Communion W/ Father Tony @11AM
- *12/17 Bible Study W/Chaplain Carol @3PM
- *12/29 Conversations W/Chaplain Carol @2PM
- *12/31 Rosary & Communion W/ Deacon Bill & Mona @11AM



CHOSEN THREADS

*BOUTIQUE SHOPPING
COMING TO YOUR
DOOR FRIDAY, DECEMBER
5TH FROM 10:30AM-1PM
Crosstown Dining Room*

YOUR FASHION
YOUR STYLE
YOUR PLACE

*PETITE
MISSY &
PLUS SIZE*

JOIN US FOR CHRISTMAS DINNER

December 18th | 4pm-6pm
Chaska Heights Senior Living
3120 N Chestnut St, Chaska, MN 55318

Prime Rib, Baked Potato,
Bacon Wrapped Asparagus,
Special Dessert
Wine will be served at dinner
White or Red

Residents FREE
Guest \$25 per person

Please sign up by contacting Paige Taylor
Community Life Director at 952.361.6104
or Paige.Taylor@Lifesparksl.com

Will accept cash or check. Check needs to
be made out to Chaska Heights Senior Living

Resident Updates



Cathy Pass
Marilyn Mortensen
Carolyn Branson

HAPPY BIRTHDAY

- 12/1 Joy Lyder
- 12/2 Rodney Beuch
- 12/4 Jane Hesse
- 12/5 Virginia Dunn
- 12/11 Eric Engbrecht
- 12/19 Toni DiPasquale
- 12/21 Carol Webb
- 12/24 Carolynn Trautline
- 12/29 Mary Lou Hinze
- 12/29 Karen DuCharme



Week	Deep Dive (Lifeguard)	Competition	RBS	Test
Scrimmage Week	10/7 Coach and Captain Meeting	10/8	10/10	Whizzer
Week 1	10/14	10/15	10/17	Arm Crank
Week 2	10/21	10/22	10/24	Leg Crank
Week 3	10/28	10/29	10/31	Whizzer
Week 4	11/4	11/5	11/7	Arm Crank
Week 5	11/11	11/12	11/14	Leg Crank
Week 6	11/18	11/19	11/21	Whizzer
Week 7	12/2	12/3	12/5	Arm Crank
Final 4	No Deep Dive	12/9	No RBS	Leg Crank
World Championship	No Deep Dive	12/11	No RBS	Whizzer

RBS = Really Big Show

Everything starts at 1:00PM



Oneeta Olson
John Kroening
Rita Spinal
Pat Sullivan
Bill Noll

December Specialty
Mocktail:
EGGNOG



Delicious combination of milk, cream, sugar,
egg yolk and whipped egg whites!

Cheers!

**Birthday Bash
&
Entertainment**

December 4th

From 2:30pm-4pm

- **Cake @2:30pm In Crosstown Dining Room**

- **Entertainment @3pm In Community Room**

- **Scott will be performing!**

December 2025 - AL / IL Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Daily Wellness Cl... 1 1:00 Coffee W/ The Che... 2:00 Grief Connections W/... 6:00 Chicken Foot Dominoe...	10:00 Daily Wellness Cl... 2 12:45 Spark Challenge D... 2:00 Dominoes Mexican Tra... 3:00 BYOB Happy Hour- 212... 6:00 Prize Bingo W/ Dave ...	10:00 Daily Wellness Cl... 3 11:00 Rosary & Communio... 1:00 Game 500 1:00 Spark Challenge Comp... 3:00 Bible Study W/ Chapl... 5:30 Evening Movie~ Casin...	10:00 Daily Wellness Cl... 4 1:00 Stitch & Chat W D... 2:30 Birthday Bash/ Enter... 6:00 Quarter Bingo [CR]	9:00 Manicures & Hand ... 5 10:30 TaylorMade Pop Up... 12:00 Veterans Group Lunch... 1:00 Really Big Show [CR] 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	10:00 Daily Wellness Cl... 6 11:00 Wii Connect W/Mis... 12:00 Miski's Tech Support... 1:00 Cribbage [STO] 2:00 Matinee Movie~ The B...
1:00 Left, Right, Cent... 7 2:00 Scattergories [CR... 3:00 Coffee Social & Trea... 7:00 S'mores & Bonfire Ni...	10:00 Service of Rememb... 8 1:00 CH Writers Club [... 2:00 Show & Share W/ Chap... 3:30 Dinner Outing~Crooke... 6:00 Chicken Foot Dominoe...	10:00 Daily Wellness Cl... 9 2:00 Dominoes Mexican ... 3:00 BYOB Happy Hour- 212... 3:00 Jeopardy [COM] 6:00 Prize Bingo W/ Dave ...	10:00 Daily Wellness Cl... 10 11:00 Rosary & Communio... 1:00 Game 500 1:00 Spark Challenge Comp... 3:00 Bible Study W/ Chapl... 5:30 Evening Movie~ The T...	10:00 Daily Wellness Cl... 11 11:00 Book Club [LIB] 1:00 Stitch & Chat W Dian... 2:00 Artful Appetites W/ ... 6:00 Quarter Bingo [CR]	10:00 Daily Wellness Cl... 12 1:00 Repeat Paella Cla... 3:00 Happy Hour [CDR] 5:30 Prize Bingo [CDR]	10:30 Art Club [JR] 13 11:00 Wii Connect W/Mis... 12:00 Miski's Tech Support... 1:00 Cribbage [STO] 2:00 Matinee Movie~ Scent...
1:00 Left, Right, Cent... 14 2:00 Scattergories [CR... 2:00 Christmas Sing-a-Lon... 3:00 Coffee Social & Trea...	10:00 Daily Wellness Cl... 15 11:00 Communion Worship... 1:00 Resident Council [CR... 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoe...	10:00 Daily Wellness Cl... 16 2:00 Dominoes Mexican ... 3:00 BYOB Happy Hour- 212... 3:30 Veteran's Christmas ... 6:00 Prize Bingo W/ Dave ...	10:00 Daily Wellness Cl... 17 11:00 Rosary & Communio... 1:00 Game 500 3:00 Bible Study W/ Chapl... 5:30 Evening Movie~ The H...	10:00 Daily Wellness Cl... 18 11:00 Book Club [COM] 11:00 Holiday Entertainmen... 1:00 Stitch & Chat W Dian... 4:00 Christmas Dinner/Ent... 6:00 Quarter Bingo [CR]	9:00 Manicures & Hand ... 19 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	10:00 Paper Poinsettia ... 20 11:00 Wii Connect W/Mis... 12:00 Miski's Tech Support... 1:00 Cribbage [STO] 2:00 Matinee Movie~tick.....
1:00 Left, Right, Cent... 21 2:00 Scattergories [CR... 3:00 Coffee Social & Trea...	10:00 Daily Wellness Cl... 22 1:00 CH Writers Club 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoe...	10:00 Daily Wellness Cl... 23 2:00 Dominoes Mexican ... 3:00 BYOB Happy Hour- 212... 6:00 Prize Bingo W/ Dave ...	Christmas Eve 24 10:00 Daily Wellness Cl... 11:00 Rosary & Communion W... 1:00 Game 500 5:30 Evening Movie~ Andre...	Christmas Day 25	3:00 Happy Hour [CDR] 26 5:30 Prize Bingo [CDR]	9:00 Manicure's & Hand... 27 10:00 Daily Wellness Cl... 11:00 Wii Connect W/Miski ... 12:00 Miski's Tech Support... 1:00 Cribbage [STO] 2:00 Matinee Movie~ Gentl...
1:00 Left, Right, Cent... 28 2:00 Scattergories [CR... 3:00 Coffee Social & Trea...	10:00 Daily Wellness Cl... 29 2:00 Conversations W/ ... 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoe...	10:00 Daily Wellness Cl... 30 2:00 Dominoes Mexican ... 3:00 BYOB Happy Hour- 212... 6:00 Prize Bingo W/ Dave ...	New Year's Eve 31 10:00 Daily Wellness Cl... 11:00 Rosary & Communion W... 1:00 Game 500 3:00 New Year's Eve Party... 5:30 Evening Movie~ The S...			