

## Age Magnificently

## BINGO WITH DAVE

Starting in November, bingo with Dave will be starting at 6:00pm-6:45pm every Tuesday.



REACH OUT TO COMMUNITY LIFE DIRECTOR, PAIGE TAYLOR, IF THERE ARE ANY QUESTIONS OR CONCERNS





# Exploring Foods from Around the World



## with Avery & Paige



Join us for a delicious 3-week culinary adventure! Each week, we'll "travel" to a new country and cook a signature dish together.



## Week 1 – Spain

Thursday, November 6th at 2:00 PM

We'll be making Paella, a flavorful Spanish rice dish filled with vibrant ingredients and spices.



#### Week 2 - Thailand

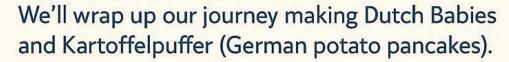
Thursday, November 13th at 2:00 PM





#### Week 3 – Germany

Thursday, November 20th at 2:00 PM



Location: Community Room
Thursdays, November 6th -20th
2:00 PM



## HISTORY OF CHASKA

PRESENTED BY



CHASKA HISTORICAL SOCIETY

## 2025 V9Kings Schodule

F-84	Date	Team	Time	Channel
	9-8	AT BCATS	7:13 pm	Espn/ABC
	9-14	Falcons	7:20pm	NBC
	9-21	Bengals	12:00 pm	CBS
	9-28	AT STEELOTS	8:30am	NFL Network
2,85,61	10-5	AT Browns	8:30am	NFL NetWORK
0	Bye			
	10-19	Eagles	12:00 pm	F0×9
8	10-33	prchargers	7:13pm	Prime UPabo
0	11-2	ATLIONS	12:00 pm	Fox 9
Contract of the Party of the Pa	11-9		12:00pm	Fox 9
0	11-16	Bears	12/00pm	FOX 9
0	11-23	ATPACKOS	12:00pm	FOX 9
3	11-30	py son hauks	3:05pm	Fox9
TY	12/7	Commanders	12:00 pm	FOX 9
B	12-14	AT Coukeys	7:20pm	NBC
6	12-21	AT GANTS	12:00pm	Fox 9
		Llors	3:30pm	NetFLIX
(8)	TBD	Packors	TBD	TBD
		*		
	j			



HOT CHOCOLATE BAR PROVIDED

SATURDAY NOVEMBER 15TH 2025 FROM:10AM-2PM



#### From the Executive Director

<u>Pet Area</u>- the goal of the pet area was to have a designated space for pets and their owners to enjoy each other away from others who may not have the same appreciation for pets. That being said,

- · We would like to revisit the idea of a small chicken wire type fence along the bottom of the existing fence. We could add some shrubs to give it a tasteful look.
- · We could turn the pet area into a more usable space for all by making it into a garden area.

We would appreciate resident council feedback and guidance on next steps for this space.

<u>Food and Beverage handling</u>- training has been reviewed and provided for all servers and culinary workers on proper handling of food and beverages.

<u>Pool\_Table</u>- the pool table was originally donated to the community without planned maintenance expenses. We can certainly review and evaluate leveling/balancing the table. The cost of new felt and rails will also be reviewed, however timing of repair is not guaranteed.

We are happy to welcome **Meghan Backstrom** to our team as our Director of Health Services. Some of you may know her from your interactions with Lifespark home health or from simply seeing her throughout the community. We are excited to welcome her into this role!

It is that time of year that germs slow us down. If you are not feeling well, please avoid community events and notify the nursing team.

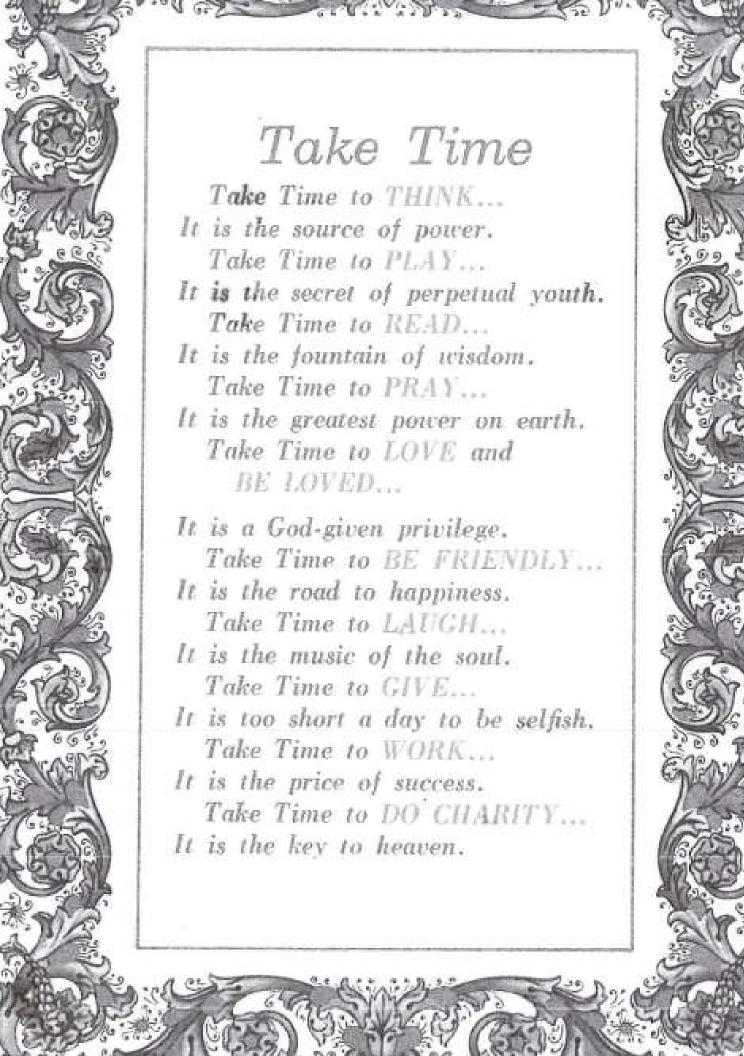
Flu and COVID clinic- we administered vaccinations to over 70 residents!

Ami Fuller, Executive Director



Come and join Miski in this fun and engaging game time! Each week we'll learn, compete, and connect while enjoying a variety of Wii favorites. From Bowling and Boxing to Tennis, Wii Fit, Golf, and Baseball—there's something for everyone. Grab a remote and get ready for some friendly competition and lots of laughs!

Every Saturday: From 11am-12pm Location: Wellness Center



#### From the Executive Director

#### **Community Notice - Cart Usage**

Chaska Heights Residents,

Shopping carts and flat beds are available for your convenience. However, we have noticed an increased number of carts in the garage and being left in unsafe areas. Any area with a "No Carts" sign is designated as such based on city fire code and safety standards. Please ensure all carts are placed in a safe location. The designated area for the carts and flat beds is at the bottom of elevator 2. We understand other safe areas have been identified by you, in other areas of the garage for convenience. As long as they are not a safety risk, you can continue to use these areas, but please avoid leaving a cart in elevator lobbies with a "No Carts" sign.

Additionally, we have noticed new carts from external businesses such as Kohls, Kwik Trip, Home Depot, and others. Please note that our existing carts have been donated. Any carts from outside businesses/companies are **not permitted** and unfair to those businesses. We expect any property from other business/companies to be returned to them. If you are walking to a local store and anticipate needing a cart, you can take one of our donated carts with you and bring it back with your items.

In conclusion, we kindly ask that you:

Use designated safe spaces to store carts, avoiding areas with "No Carts" signs.

Refrain from taking carts from other local companies/businesses.

Thank you for your cooperation in keeping our community safe and being respectful of our neighboring business' property.



# \*MANICURES & \* HAND MASSAGES

**Starting November 7th** 

Every Other Friday | 9:00 AM — 11:00 AM

Plus Once a Month on a Saturday | 9:00 AM – 11:00 AM

(Check the calendar to see which Saturday it falls on!)

Location: Wellness Center
Sign-Up: Right outside the Wellness Center

## Spaces are limited!

I can only take 4 people during each session — so be sure to sign up early!

Come relax and treat yourself to a soothing hand massage and a fresh manicure in a calm and friendly setting.



Pamper your hands. Refresh your spirit.



Community Updates

Page 6

## November Outings

- 11/4: Kowalski Market @10:30am (Meet In Lobby @10:15am)
- 11/10: American Legion @10:30am (Meet In Lobby @10:15am)
- \*All are welcome\*
- 11/22: Little six Casino @1pm (Meet In Lobby @12:45pm) \*This is a Saturday Event\*
- 11/24: Aldi @10:30am (Meet In Lobby @10:15am)

\*Kindly be advised that the following procedures apply to cancellations of outings:

- (1) All outings must be cancelled before 9:00 AM on the day <u>before</u> the event.
- (2) Cancellation of two or more outings means that the participant is on probation for two months.
- (3) During probation, the participant will not be allowed to participate on any future outings.

Thank you for your cooperation.\*

## NOVEMBER MOVIES:

<ul> <li>Wed. Nov. 5th Shindler's List 2000 R 185min. 9.0/10</li> <li>Sat. Nov. 8th The Breakfast Club 1985 R 97min. 7.8/10</li> <li>Wed. Nov. 12th Amadeus 1984 PG 160min. 8.4/10</li> <li>Sat. Nov. 15th One Special Night 1999 PG-13 87min. 7.2/10</li> <li>Wed. Nov. 19th Freedom Writers 2007 PG-13 123min. 7.6/10</li> <li>Sat. Nov. 22th Auntie Mame 1958 NR 143min. 9.9/10</li> <li>Wed. Nov. 26th August Rush 2007 PG 114min. 7.4/10</li> <li>Sat. Nov. 29th Bullett 1968 PG 114min. 7.4/10</li> </ul>	Sat. Nov. 1st	Billy Elliott	2003 R 169min.	7.7/10	
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# Sharing Table



Bring gently used items you no longer need and browse the table for treasures left by other residents. Items can be dropped off and picked up anytime between 9 AM and 4 PM. Please note: no large furniture, walkers, wheelchairs, or hazardous materials. Let's share, reuse, and help each other declutter! Leftover items will be donated to Goodwill at



**November 30th** 

the end of the day.



Beginning at 9am & Ending at 4pm



**Crosstown Dining Room** 

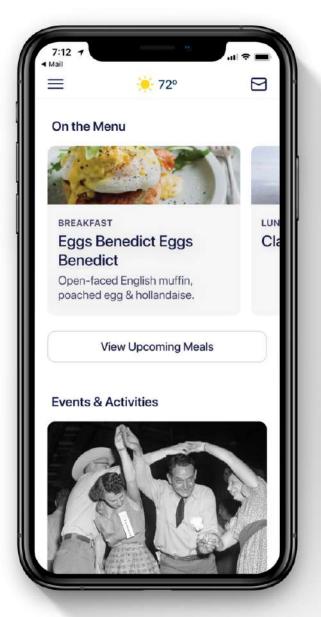
#### Upcoming Events- Mark your Calendar

- 11/3 Gratitude Time 1pm Community Room
- 11/5 Game 500 1pm Jonathan Room
- 11/9 Crafts & Cupcakes 1pm Crosstown Dining Room & Community Room
- 11/6 Stitch & Chat W/ Diane 1pm Front Lobby
- 11/7 Veterans Group Luncheon 12pm Crosstown Dining Room
- 11/7 Ice Cream Bar 3pm Jonathan room
- 11/8 Art Club 10:30am Community Room
- 11/8 Chaska Historical Presentation 1pm Community Room
- 11/10 CH Writers Club 1pm Jonathan Room
- 11/10 Jeopardy 3pm Community Room
- 11/11 Entertainment~ Russell Schmidt 3:15pm Community Room
- 11/13 Book Club 11am Community Room
- 11/13 Stitch & Chat 1pm Front Lobby
- 11/15 Holiday Boutique 10am-2pm Crosstown Dining Room & Community Room
- 11/17 Resident Council 1pm Community Room
- 11/17 Gratitude Time 1pm Community Room
- 11/17 Jeopardy 3pm Community Room
- 11/19 Guy Talk 1pm (No Location Determined)
- 11/20 Book Club 11am Community Room
- 11/20 Stitch & Chat W/Diane 1pm Front Lobby
- 11/20 Coffee W/Officer Martine 10:30am Crosstown Dining Room
- 11/20 Entertainment~ John Beck 3pm Community Room
- 11/24 CH Writers Club 1pm Jonathan Room
- 11/24 Jeopardy 3pm Community Room
- 11/26 Thanksgiving Entertainment 10:45am Dining Room
- 11/29 Manicure's & Hand Massages 9am-11am Wellness Center



## Download the new mobile app for Chaska Heights

- View upcoming activities and events
- · See what's on the menu each day
- Access common resources
- View and share community photos
- Receive emergency alerts & updates
- Check the local weather in Chaska, MN



#### Access Quiltt for iOS, Android, and desktop

https://get.quiltt.com/org/KCMBT

Enter code KCMBT after opening the Quiltt app for the first time.



## Spiritual Life Offerings:

EXCERPTS FROM A PRAYER FOR VETERANS DAY BY DAVID ABERNATHY

USED WITH PERMISSION (HTTPS://CREATIVECOMMONS.ORG/LICENSES/BY-SA/4.0/)

Our God and God of our ancestors, we ask for your blessings for America's veterans, the dedicated

MEN AND WOMEN WHO HAVE SERVED OUR COUNTRY IN UNIFORM, AND FOR ALL THOSE WHO SERVE TODAY. LET THOSE WHO MADE THE ULTIMATE SACRIFICE FOR THE CAUSE OF FREEDOM REST IN PEACE, HONORED BY A GRATEFUL NATION.

HEAL THOSE INJURED IN SERVICE TO OUR COUNTRY, WHETHER THEIR WOUNDS ARE OF BODY, MIND OR SPIRIT.

REMEMBER THE PARENTS, PARTNERS, CHILDREN, OTHER FAMILY AND FRIENDS OF ALL WHO SERVED: THE ONES WHO SACRIFICED ALONGSIDE THEM, MISSED THEM WHEN THEY SERVED FAR AWAY, AND BORE THE HEAVY BURDEN WHEN THEY WERE WOUNDED OR GAVE THEIR LIVES FOR OUR COUNTRY. MAY IT BE YOUR WILL ALSO THAT WE STRIVE EVERY DAY TO GIVE OUR VETERANS AND SERVICEMEMBERS THE GREATEST POSSIBLE REWARD FOR THEIR SERVICE – A WORLD SECURE IN FREEDOM AND AT PEACE. AND LET US SAY AMEN.

## Events:

\*11/3 Grief Connection W/Chaplain Carol @2PM

\*11/5 Rosary & Communion W/Deacon Bill & Mona @11AM

\*11/5 Bible Study W/Chaplain Carol @3PM

\*11/10 Show & Share W/Chaplain Carol @2PM

\*11/12 Rosary & Communion W/ Father Tony @11AM

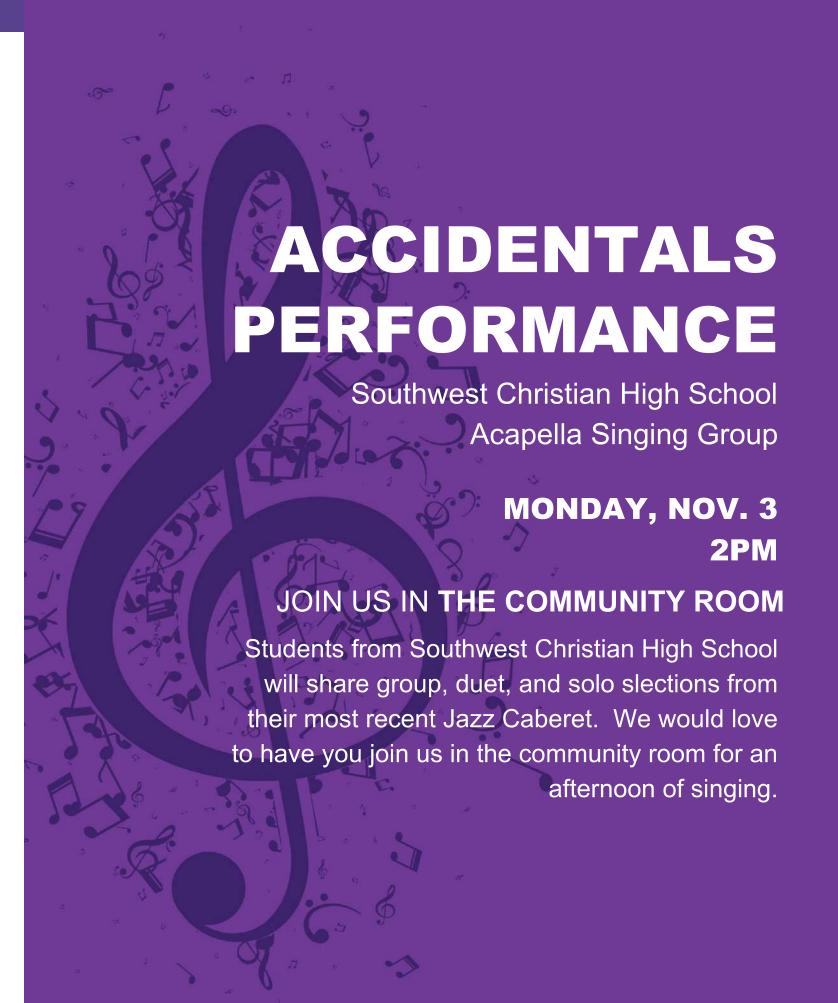
\*11/12 Bible Study W/Chaplain Carol @3PM

\*11/17 Communion Worship service @11AM

\*11/19 Rosary & Communion W/ Deacon Bill & Mona @11AM

\*11/19 Bible Study W/Chaplain Carol @3PM

\*11/26 Rosary & Communion W/ Deacon Bill & Mona @11AM



## How Many Words Can You Find?

Using the letters in the game box, how many words can you create with 3 or more letters?

Т	R	V	N
0	М	υ	Т
Р	R	D	E
N	Е	R	N

1	13
2	14
3	15
4	16
5	17
6	18
7	19
8	20
9	21
10	22
11	23
12	24

#### Resident Updates



## **Carol Pass Marilyn Mortensen**

## HAPPY BIRTHDAY

- 11/1 Margaret Renslow
- 11/5 John Kroening
- 11/8 Robert Rigg
- 11/7 Sharon Fernholz
- 11/17 Carolyn Kochel
- 11/18 Donald Tesch
- 11/19 Samuel Kochel
- 11/19 Robert Meyers
- 11/23 Thomas Fiedler
- 11/25 Sidney Guthrie
- 11/26 Marilynn Peters
- 11/30 Karen Smith



Week	Deep Dive (Lifeguard)	Competition	RBS	Test
Scrimmage	10/7	10/8	10/10	Whizzer
Week	Coach and	10,0	10, 10	111112231
· · · · ·	Captain			
	Meeting			
Week 1	10/14	10/15	10/17	Arm
				Crank
Week 2	10/21	10/22	10/24	Leg
				Crank
Week 3	10/28	10/29	10/31	Whizzer
Week 4	11/4	11/5	11/7	Arm
				Crank
Week 5	11/11	11/12	11/14	Leg
				Crank
Week 6	11/18	11/19	11/21	Whizzer
Week 7	12/2	12/3	12/5	Arm
				Crank
Final 4	No Deep	12/9	No RBS	Leg
	Dive			Crank
World				Whizzer
Championship	No Deep	12/11	No RBS	
· · · · · · · · · · · · · · · · · · ·	Dive			

\*\*RBS = Really Big Show\*\*

#### **Everything starts at 1:00PM**





Lyle Swanson

# November Specialty Mocktail:

FESTIVE THANKSGIVING PUNCH MOCKTAIL



Delicious combination of Cranberry Juice, fresh Orange Juice and Ginger Ale!

Cheens!



## November 2025 - AL / IL Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Left, Right, Center Gam 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD	Happy Birthday to 11/25 Sidney Guthrie					11:00 Wii Connect W/Miski [WC 12:00 Miski's Tech Support Co 1:00 Cribbage [STO] 2:00 Matinee Movie~ Billy Ellio
	November continued					
12:00 Viking Football @ The L 1:00 Left, Right, Center Gam 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD	10:00 Daily Wellness Class [C 2:00 Grief Connections W/ Ch 2:00 Accidentals Performance [ 6:00 Chicken Foot Dominoes [CDR	10:00 Daily Wellness Class [C 10:30 Outing~ Kowalski's 12:45 Spark Challenge Deep Dive 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [ 6:00 Prize Bingo W/ Dave [CDR]	10:00 Daily Wellness Class [C 11:00 Rosary & Communion W/De 1:00 Spark Challenge Competitio 1:00 Game 500 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ Shindler's	5 10:00 Daily Wellness Class [C 1:00 Stitch & Chat W Diane 2:00 Exploring Foods from aroun 3:00 Birthday Bash/Entertainmen 6:00 Quarter Bingo [CR]	9:00 Manicures & Hand Massag 12:00 Veterans Group Luncheon 1:00 Really Big Show [CR] 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	7 10:00 Daily Wellness [CR] 10:30 Art Club [JR] 11:00 Wii Connect W/Miski [WC] 12:00 Miski's Tech Support Corne 1:00 Cribbage [STO] 1:00 Chaska Historical Presenta 2:00 Matinee Movie~ The Breakfa
12:00 Viking Football Vs. Rav  1:00 Left, Right, Center Gam  1:00 Craft & Cupcakes [CRC]  2:00 Scattergories [CRO]  3:00 Coffee Social & Treats [CD	10:00 Daily Wellness Class [C 10:30 Lunch Outing~VFW Chanha 1:00 CH Writers Club [JR] 2:00 Show & Share W/ Chaplain C 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR	Veterans Day 10:00 Daily Wellness Class [C 12:45 Spark Challenge Deep Dive 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [ 3:15 Entertainment~ Russell Sch 6:00 Prize Bingo W/ Dave [CDR]	10:00 Daily Wellness Class [C 11:00 Rosary & Communion W/De 1:00 Game 500 1:00 Spark Challenge Competitio 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ Amadeus [CR	10:00 Daily Wellness Class [C 11:00 Book Club [COM] 1:00 Stitch & Chat W Diane 2:00 Exploring Foods from aroun 6:00 Quarter Bingo [CR]	13 10:00 Daily Wellness Class [C 120 Really Big Show [CR] 3:00 Happy Hour [CDR] 5:30 Prize Bingo [CDR]	Holiday Boutique 10AM-2PM 15 1:00 Cribbage [STO] 2:00 Matinee Movie~ One Special
1:00 Left, Right, Center Gam 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD	10:00 Daily Wellness Class [C 11:00 Communion Worship Servi 1:00 Resident Council [CR] 1:00 Gratitude Time [CR] 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR	10:00 Daily Wellness Class [C 12:45 Spark Challenge Deep Di 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [ 6:00 Prize Bingo W/ Dave [CDR]	10:00 Daily Wellness Class [C 11:00 Rosary & Communion W/Fa 1:00 Guy Talk [SP] 1:00 Game 500 1:00 Spark Challenge Competitio 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ Freedom Wri	10:00 Daily Wellness Class [C 10:30 Coffee W/Officer Martin 11:00 Book Club [COM] 1:00 Stitch & Chat W Diane 2:00 Exploring Foods from aroun 3:00 Entertainment~ Jonh Beck [ 6:00 Quarter Bingo [CR]	9:00 Manicures & Hand Massag 1:00 Really Big Show [CR] 3:00 Ice cream bar 5:30 Prize Bingo [CDR]	10:30 Daily Wellness [COM] 11:00 Wii Connect W/Miski [WC 12:00 Miski's Tech Support Corne 1:00 Cribbage [STO] 1:00 Outing~Little Six Casino 2:00 Matinee Movie~ Auntie Mame
1:00 Left, Right, Center Gam 2:00 Scattergories [CRO] 3:00 Coffee Social & Treats [CD	10:00 Daily Wellness Class [C 24 10:30 Outing~Aldi 1:00 CH Writers Club 3:00 Jeopardy [CR] 6:00 Chicken Foot Dominoes [CDR	10:00 Daily Wellness Class [C 12:45 Spark Challenge Deep Di 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [ 6:00 Prize Bingo W/ Dave [CDR]	10:00 Daily Wellness Class [C 20:45 Thanksgiving Entertainm 11:00 Rosary & Communion W/Deaco 1:00 Game 500 1:00 Spark Challenge Competitio 5:30 Evening Movie~ August Rush	6 Thanksgiving Day 10:00 Daily Wellness Class [C 6:00 Quarter Bingo [CR]	27 Day after Thanksgiving Day 1:00 Really Big Show [CR] 3:00 Happy Hour [CDR] 5:30 Prize Bingo [CDR]	9:00 Manicure's & Hand Massa 10:00 Daily Wellness [COM] 11:00 Wii Connect W/Miski [WC] 12:00 Miski's Tech Support Corne 1:00 Cribbage [STO] 2:00 Matinee Movie~ Bullett [CR
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