

Age Magnificently

Friendly Reminder:

If you haven't already, please take a moment to return your survey from last month's newsletter. Your feedback is very important and will help me make improvements to better serve you. I kindly ask that all surveys be returned by Friday, September 26th. Thank you so much for your time and input!



From the Executive Director

Current census is 136 apartments. We anticipate being at 137/138 going into September.

Chair reupholstery- chairs have been magically returning like new! WOOHOO!

Mail notification on TV- This is active! To know if the mail is in, look for the "giftbox" in the top right-hand corner of the TV.

Our community is a place to build friendships, share experiences, and continue learning as we age magnificently. When new residents join us, let's make them feel at home by welcoming them to meals and activities. A simple invitation to share a table or join an activity can go a long way toward helping someone feel included.

Please remember to treat one another with kindness and respect. Making room at your table or in your group is a wonderful way to show the spirit of our community. Together, we can ensure that everyone feels valued and part of our family.

Ami Fuller, Executive Director

Come and Join Melissa & Paige For A Fun Filled Activity! We Are Making Noodle Mosaics w/ Memory Care!



ON SEP. 16TH FROM 1 PM - 2 PM
IN THE COMMUNITY ROOM
(ALL ARE WELCOME)

Sharing Table



Bring gently used items you no longer need and browse the table for treasures left by other residents. Items can be dropped off and picked up anytime between 9 AM and 4 PM. Please note: no large furniture, walkers, wheelchairs, or hazardous materials. Let's share, reuse, and help each other declutter! Leftover items will be donated to Goodwill at





September 30th

the end of the day.



Beginning at 9am & Ending at 4pm



Crosstown Dining Room

What a beautiful day

God, What an absolutely beautiful day You have sent us today.

The sky is an unending blue That reaches to the gates of Heaven.

The breezes caress the branches
As the trees reach upward to your warming sun.

The birds serenade us from dawn to dark
With their delicate melodies.

The growth of the new grass under foot Reminds us that we are enveloped in your care.

And my husband—as I look into his eyes
They are the color of the sky.

The depth of the love I see there
Is most evident outside under your blue sky.

His words of love Warm my heart.

He loves me, and I him And I thank you for bringing us together in You. Community Updates

September Outings

- 9/2: Lunds & Byerly's @10:30am (Meet In Lobby @10:15am)
- 9/8: Box Lunch Bingo @The Lodge @10:15am (Meet In Lobby @10am) (cost:\$10 Due By Sept. 5th)
- 9/16: Chaska Library @10:30am (Meet In Lobby @10:15am)
- 9/23: Olive Garden @11am (Meet In Lobby @10:30)

*Kindly be advised that the following procedures apply to cancellations of outings:

- (1) All outings must be cancelled before 9:00 AM on the day before the event.
- (2) Cancellation of two or more outings means that the participant is on probation for two months.
 - (3) During probation, the participant will not be allowed to participate on any future outings.

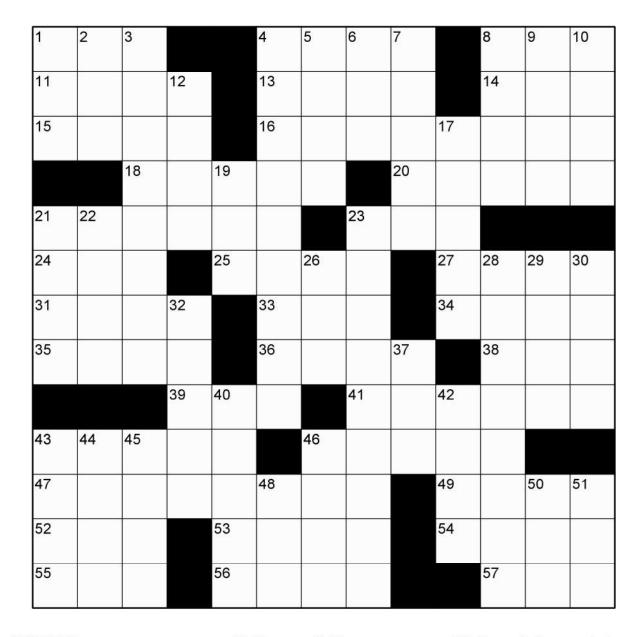
Thank you for your cooperation.*

September Movies:

- Wed, Sept 3 Chariots of Fire 1981 125 PG 7.1 CH
- Sat, Sept 6 The Big Chill 1983 105 R 7.1 CH
- Wed, Sept 10 A Few Good Men 1992 138 R 7.7 CH
- Sat, Sept 13 The Pink Panther 1963 113 PG 7.0 CH
- Wed, Sept 17 CONCERT Andre Rieu Power of Love 138 CH
- Sat, Sept 20 The Fisher King 1991 137 R 7.5 PRIME
- Wed, Sept 24 Twelve Years a Slave 2013 134 R 8.1 CH
- Sat, Sept 27 An Officer and a Gentleman 1982 134 R PRIME

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ACROSS

- 1. Female pig
- 4. Crook
- 8. Spread out for drying
- 11. Mimicked
- 13. Friend
- 14. Monetary unit of Vietnam
- **15.** Abominable snowman
- **16.** Pursuit of high principles
- 18. Metal spikes
- **20.** Wens
- 21. Crypts
- 23. Snow runner
- 24. Go wrong
- 25. Submachine gun
- 27. Grandmother
- **31.** Food
- **33**. Eggs
- 34. Growl
- 35. Affectedly dainty
- 36. Devices for fishing
- 38. Gymnasium

- 39. Reverential fear
- 41. Fondle
- 43. Wooden box
- 46. Shallow water
- 47. Capital of Finland
- 49. Pastry items
- **52.** Writing fluid
- **53.** Riding strap
- 54. Colour of unbleached linen
- 55. Bashful
- **56.** Hit or punch (Colloq)
- 57. Egyptian serpent

DOWN

- 1. Utter
- 2. Open
- 3. Woman hired to suckle another's infant
- 4. Pellet of hail
- 5. One's parents (Collog)
- Bullfight call
- 7. Type of packsack
- 8. Specific thing indicated
- 9. The Orient

- Benedictine monks' titles
- **12.** Face
- **17.** Fibbing
- 19. Sexless things
- 21. Air duct opening
- 22. In a line
- 23. Grabbing
- 26. First woman
- 28. Medicinal plant
- 29. Negative votes
- 30. 3 Weapons
- 32. Makes warmer
- 37. Cracker biscuit
- 40. Eerie
- 42. Take by force
- 43. Stylish
- 44. U.S. divorce city
- 45. An alcoholic
- 46. Pelt
- 48. Prefix, new
- 50. Bitter vetch
- **51.** Dine



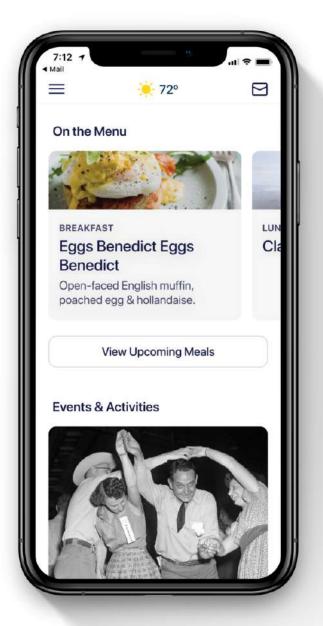
Upcoming Events- Mark your Calendar

- 9/4 Birds of Alaska Virtual Program 2pm-3pm (Community Room)
- 9/5 Manicures & Hand Massages 11am-12:45pm (Wellness Center)
- 9/5 Veterans Group Luncheon 12pm-1pm (Crosstown Dining)(Veterans ONLY)
- 9/8 CH Writers Club 1pm-2pm (Jonathan Room)
- 9/11 Coffee W/Officer Martin 10:30am-11:30am (Crosstown Dining)
- 9/11 Book Club 11am-12pm (Community Room)
- 9/11 Afternoon Tea 2pm-3pm (Community Room)
- 9/12 Resident Ambassador Luncheon 12pm-1pm (Pub 212)
 (Ambassadors ONLY or those Interested in becoming one)
- 9/13 Daily Wellness Class 10am-10:30am (Community Room)
- 9/13 Art Club 10:30am-11:30am (Community Room)
- 9/15 Resident Council 1pm-2pm (Community Room)
- 9/16 Noodle Mosaics W/Memory Care 1pm-2pm (Community Room)
- 9/18 Artful Appetites W/Avery 2pm-3pm (Pub 212)
- 9/22 CH Writers Club 1pm-2pm (Jonathan Room)
- 9/25 House Plants W/Avery 2pm-3pm (Community Room)



Download the new mobile app for Chaska Heights

- · View upcoming activities and events
- · See what's on the menu each day
- Access common resources
- View and share community photos
- Receive emergency alerts & updates
- Check the local weather in Chaska, MN



Access Quiltt for iOS, Android, and desktop

https://get.quiltt.com/org/KCMBT

Enter code KCMBT after opening the Quiltt app for the first time.



GET READY FOR FUN BINGO THE LODGE

Cost: \$10 cash
All payments must be given to Paige by Sept. 5th

This will cover your lunch and 2 bingo cards

Please see Paige in the Wellness Center to confirm which box lunch you

would like to receive

Box Lunch includes:

Sandwich (egg salad, ham or turkey)

chips

fruit
Bottled water
dessert



Exciting Prizes Fun

Delicious Snack

Wanna Know More About House Plants?

Join Avery on September 25th@2pm!

Located In The Community Room











JEOPARDY!

WHAT IS JEOPARDY?

JEOPARDY IS A FUN, INTERACTIVE TRIVIA GAME WHERE PLAYERS TEST THEIR KNOWLEDGE BY ANSWERING QUESTIONS IN DIFFERENT CATEGORIES. INSTEAD OF BEING GIVEN THE QUESTION, PLAYERS ARE GIVEN THE ANSWER AND MUST RESPOND WITH THE CORRECT QUESTION!

BENEFITS OF PLAYING JEOPARDY:

- BOOSTS MEMORY AND SHARPENS THE MIND
- **ENCOURAGES FUN AND FRIENDLY COMPETITION**
- BUILDS SOCIAL CONNECTIONS AND TEAMWORK
- E HELPS YOU LEARN NEW FACTS IN AN ENGAGING WAY

HELD THE 1ST
MONDAY OF EACH
MONTH STARTING
OCT. 6TH

3pm | Community Room

Spiritual Life Offerings:

Our deepest calling is to grow into our own authentic self-hood, whether or not it conforms to some image of who we ought to be. As we do so, we will not only find the joy that every human being seeks--we will also find our path of authentic service in the world. -Parker J. Palmer

SEPTEMBER MARKS ANOTHER TURN OF THE SEASONS, AND ANOTHER MILESTONE FOR OUR CHILDREN AND GRANDCHILDREN AND GREAT-GRANDCHILDREN AS THEY BEGIN ANOTHER YEAR OF STUDYING, LEARNING, TEACHING, AND GROWING. WE HAVE BEEN THERE, YEAR AFTER YEAR, DISCOVERING MORE AND MORE ABOUT OUR OWN AUTHENTIC SELVES – WHAT BRINGS US JOY, WHERE OUR GIFTS ARE STRONGEST, AND WHAT WE DESIRE FOR OURSELVES, THE PEOPLE WE LOVE, AND OUR NEIGHBORS. IF YOU WERE ASKED TODAY TO DESCRIBE YOUR AUTHENTIC SELF IN 5 WORDS, WHICH WORDS WOULD YOU CHOOSE? HOW MIGHT THOSE WORDS HELP YOU SEE THE WAYS YOU LIVE IN THIS COMMUNITY WITH PURPOSE AND SERVICE?

Events:

9/3 Rosary & Communion W/Deacon John @11AM

9/3 Bible Study W/Chaplain Carol @3PM

9/8 Show & Share W/Chaplain Carol @2PM

9/10 Rosary & Communion W/ Deacon Bill & Mona @11AM

9/10 Bible Study W/Chaplain Carol @3PM

9/15 Communion Worship service @11AM

9/17 Rosary & Communion W/ Father Tony @11AM

9/17 Bible Study W/Chaplain Carol @3PM

9/22 Conversations W/Chaplain Carol @2PM

9/24 Rosary & Communion W/ Deacon Bill & Mona @11AM

9/24 Bible Study W/Chaplain Carol @3PM

Resident Updates



LAURA WELTER

HAPPY BIRTHDAY

- 9/2 Virginia Hanily
- 9/6 Jim Schmieg
- 9/7 Carol McCarty
- 9/10 Evelyn DeBoer
- 9/12 Linda Daley
- 9/12 Sandra Davenport
- 9/13 Carol Pumper
- 9/15 Nancy Anderson (Known as Carole)
- 9/15 Tom Nevin
- 9/19 Janet Fiedler
- 9/19 Eileen Fink
- 9/19 Phil Froiland
- 9/20 Ardyce Rigg
- 9/22 Rosalie Courtney
- 9/25 Phil Renslow
- 9/28 Kenny Fahey
- 9/29 Michelle Brumm
- 9/29 Janet Hank
- 9/30 Alice Berg



Grip Games

9/2 Vs. Ganther's Goldies

RBS Every Friday From 1pm-2pm



- Celeste Walter
- Doris Lucas

September Specialty Cocktail:

CARAMEL APPLE MARTINI



Delicious combination of Apple Cider, Caramel Vodka and Butterscotch Schnapps



September 2	025 AL JIL Ca	endar	1			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 6:00 Chicken Foot Dominoes [10:00 Daily Wellness Class [C 10:30 Outing~Lunds&Byerly's 1:00 Grip Games [CR] 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [5:30 Prize Bingo W/ Dave [CD]	10:00 Daily Wellness Class [C 11:00 Rosary & Communion W/De 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ Chariots of	10:00 Daily Wellness Class [C 1:00 Stitch & Chat W Diane 2:00 Birds of Alaska Virtual Pr 2:30 Birthday Bash/Entertianmen 6:00 Quarter Bingo [CR]	10:00 Daily Wellness Class [C 11:00 Manicures & Hand Massag 12:00 Veterans Group Luncheon [C 1:00 Really Big Show [CR] 3:00 Happy Hour [CD] 5:30 Prize Bingo [CD]	5 2:00 Matinee Movie~ The Big
7	10:00 Daily Wellness Class [C 1:00 CH Writers Club [JR] 2:00 Show & Share W/ Chaplain C 3:00 Jeopardy 6:00 Chicken Foot Dominoes [CD]	10:00 Daily Wellness Class [C 9 2:00 Dominoes Mexican Train 3:00 BYOB Happy Hour- 212 Pub [5:30 Prize Bingo W/ Dave [CD]	10:00 Daily Wellness Class [C 10:15 Outing~Bingo@The Lodge 11:00 Rosary & Communion W/Deaco 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ A Few Good	10:00 Daily Wellness Class [C 10:30 Coffee W/Officer Martin 11:00 Book Club [CR] 1:00 Stitch & Chat W Diane 2:00 Afternoon Tea 6:00 Quarter Bingo [CR]	11 10:00 Daily Wellness Class [C 11:00 Manicures & Hand Massag 12:00 Resident Ambassador Lunche 1:00 Really Big Show [CR] 3:00 Happy Hour [CD] 5:30 Prize Bingo [CD]	12 10:00 Daily Wellness Class [C 1 10:30 Art Club [JR] 2:00 Matinee Movie~ The Pink Pa
14	10:00 Daily Wellness Class [C 15 11:00 Communion Worship Servi 1:00 Resident Council [CR] 6:00 Chicken Foot Dominoes [CD]	10:00 Daily Wellness Class [C 16 10:30 Outing~Chaska Library 1:00 Noodle Mosaics W/Memory Ca 2:00 Dominoes Mexican Train [CD 3:00 BYOB Happy Hour- 212 Pub [10:00 Daily Wellness Class [C 17 11:00 Rosary & Communion W/Fa 1:00 Guy Talk~ Topic: State Fai 3:00 Bible Study W/ Chaplain Ca 5:30 Concert~ Andre Rieu Power	10:00 Daily Wellness Class [C 1:00 Stitch & Chat W Diane 2:00 Artful Appetites W/ Avery 6:00 Quarter Bingo [CR]	18 10:00 Daily Wellness Class [C 11:00 Manicures & Hand Massag 1:00 Really Big Show [CR] 3:00 Happy Hour [CD] 5:30 Prize Bingo [CD]	19 2:00 Matinee Movie~ The Fish 2
21	10:00 Daily Wellness Class [C 1:00 Gratitude Time [CR] 1:00 CH Writers Club [JR] 2:00 Conversations W/ Chaplain 6:00 Chicken Foot Dominoes [CD]	5:30 Prize Bingo W/ Dave [CD]	10:00 Daily Wellness Class [C 11:00 Rosary & Communion W/De 3:00 Bible Study W/ Chaplain Ca 5:30 Evening Movie~ Twelve Year	10:00 Daily Wellness Class [C 1:00 Stitch & Chat W Diane 6:00 Quarter Bingo [CR]		26 2:00 Matinee Movie~ An Offic 2
28	10:00 Daily Wellness Class [C 29 2:00 Conversations W/ Chapla 6:00 Chicken Foot Dominoes [CD]	10:00 Daily Wellness Class [C 2:00 Dominoes Mexican Train 3:00 BYOB Happy Hour- 212 Pub [5:30 Prize Bingo W/ Dave [CD]				